



# Empowering Families: Navigating the Challenges of Caregiving with Podplan



## BACKGROUND

Nicky found herself in a challenging situation when her partner's father was diagnosed with both dementia and lung cancer. These illnesses, completely new to her family, left them feeling utterly overwhelmed. Simultaneously, Nicky's 92-year-old grandmother was in the process of downsizing from the family home, adding another layer of stress to her already busy life.



## CHALLENGE

Nicky had to support her partner's father, help her grandmother because her own parents were unwell, and deal with a slew of emotional and logistical problems.



## SOLUTION

Upon joining Podplan, Nicky found the lifeline she desperately needed. Podplan's platform guided her through essential planning tasks, illuminating crucial information about benefits and support services. One significant discovery was that Nicky's grandmother was entitled to a benefit worth £5,300 a year, a valuable resource that alleviated financial concerns and provided much-needed stability.

Nicky also found vital information about dementia services and gained insights on how to find and select appropriate care for her partner's father. Additionally, she had early access to Podplan's vault, a secure portal where she was able to record essential details about her own parents' lives so she would know what to do in an emergency.



## OUTCOME

Podplan's resources and personalised advice transformed Nicky's caregiving journey. It saved her time, provided expert support, and empowered her to navigate challenges confidently, ensuring her family's peace of mind.



## CONCLUSION

In an ageing population, Nicky's experience showcases Podplan's vital role as an ally, providing families with planning tools, resources, and expert guidance, enabling them to face the future with confidence and optimism.