



Financial Coaching

In partnership with Munny



The logo for MUNNY is rendered in a bold, white, sans-serif typeface. The letters are thick and blocky, with a slightly rounded appearance. The 'M' and 'N's are particularly prominent due to their width. The 'U' and 'Y' also have a distinctive, rounded shape. The entire logo is centered horizontally on the page.

MUNNY

Financially Empowering People

What is 1:1 Coaching with Munny?

In partnership with Munny, Health Assured offer a suite of services to make financial education and support more accessible to adults across the country. With the 1:1 coaching service, individuals can access personalised financial guidance to help unlock their financial potential.

The service gives your people the chance to engage in an informal 1:1 conversation with one of our experienced Munny coaches. These private and confidential sessions give individuals the space to openly discuss their financial circumstances, goals, and challenges. The conversations are tailored to each individual, leading to transformative results.

Common areas of discussion

- 📍 Budgeting
- 📍 Car finance and/or lease
- 📍 Benefits
- 📍 Family finances
- 📍 Debt advice
- 📍 Pensions
- 📍 Buying a house
- 📍 Investments

Participants will come away with essential money management skills, an understanding of personal finance concepts, and a tailored Munny Plan. The goal is to build confidence, enable informed decisions, and promote responsible money management. Together, we can build financial resilience and help your people achieve their goals.

UK money stats

90%

of UK adults surveyed wish they had been taught financial matters at school.

90%

of people have less than £100 spare once all their bills have been paid.

73%

of UK adults failed a basic financial literacy test by Sheppards Mutual.

37%

of employees cite financial worries as a cause for stress that affects their job.

How it works



Pre session

Individuals can book a 30 minute coaching slot, by calling the helpline and speaking to our legal team who will triage the call for them and identify the most appropriate support.

Participants can gather and bring along anything they'd like to be reviewed (e.g., bank statements, financial agreements).



During session

The Munny coach will focus on the preferred topics and answer any concerns or questions.

Participants can discuss any challenges or concerns in an impartial, judgement-free space.



Post session

Participants will leave with a personalised Munny Plan.

Access will be given to an online resource page, which includes:

- The Munny Pod Podcast
- Bitesize pre-recorded webinars
- Credit Card Calculator
- Mortgage Calculator



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healthassured.org

